

What is communion?

It is a form of worship, where the body of Christ aka Christians come together to remember and give thanks to God for dying for our sins.

WHO TOOK COMMUNION?

JESUS HAD COMMUNION WITH HIS DISCIPLES MATTHEW 26:26-28

What is the significance of the bread and grape juice?

While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, "Take and eat; this is my body." Then he took the cup, gave thanks and offered it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins." Matthew 26:26-28

"For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes." 1 Corinthians 11:26.

We are united in 2 ways when we take communion:

1. **We are united with the body:** "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ? Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf." 1 Corinthians 10:16-17

"For as we have many members in one body, and all members have not the same office: So we, [being] many, are one body in Christ, and every one members one of another." Romans 12:4-5.

2. **We are united with Christ:** "For my flesh is real food and my blood is real drink. Whoever eats my flesh and drinks my blood remains in me, and I in him." John 6:55-56.

"If we have been united with him like this in his death, we will certainly also be united with him in his resurrection." Romans 6:5

What should we do before we drink the juice and eat the bread?

"A man ought to examine himself before he eats of the bread and drinks of the cup. 1 Corinthians 11:28"

The same word used for examine is used this verse is also used in Matt. 26:21-22

What does it mean to examine ourselves?

To look at our attitude, heart and motive for taking communion. Our attitude should be that we don't deserve God's salvation, but he gives it to us anyways. Our heart should be full of thanksgiving, because God has given us what we do not deserve. Our motive for taking communion should not be about doing what everyone else is doing, but giving thanks and remembering what Christ did for us on the cross.

Should everyone take communion?

No. In 1 Corinthians it talks about how only people that have recognized and accepted Jesus as the Lord and Savior should partake in communion. For all those who are unbelievers this practice is meaningless.

Are we supposed to take communion one time only or more than once?

And when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." 1 Corinthians 11:24

It does not say that we should partake in communion every week or every month, but we should do it regularly in remembrance of God.

TAKE IT IN REMEMBRANCE OF HIM:

1 Corinthians 11:24-26

We remember His death

COMMUNION IS ALSO A FORM OF CELEBRATION: We can celebrate in His death?

ISAIAH 53:5

2 CORINTHIANS 5:21

1 PETER 1:3-5